



St. Mark – Ocean Park Anglican Church

12953 20TH Ave., Surrey, BC, V4A 1Z1, Tel: 604-535-8841 email office@stmarkbc.org, www.stmarkbc.org

E-PULSE **NEWSLETTER OF** **ST. MARK OCEAN PARK** **MARCH 27, 2022**

During Lent – the doors of the Church Sanctuary are open Monday through Thursday, from 8am to 12noon, to facilitate a quiet space for prayer.

LIBRARY NEWS

What If It's True by Charles Martin gives a look at the life and ministry of Jesus through a storyteller's imagination. The result is a striking exploration of the truth that helps us think and live differently.

A Woman of Words by Angela Hunt is Book 3 of The Road to Jerusalem series. Mary is now in her sixties and decides to record the stories of Jesus' life. Matthew agrees to help her but friction is caused by their differing points of view. How will this work be completed without Rome becoming involved?



MEN'S CLUB - Upcoming meetings will be on Tue. April 12 with guest musician Kerry O'Donovan and Tue. May 10 with guest speaker Massimo Savino.

SAVVY SENIORS - Get Together with chat, bridge and Rummicube in the Parish Hall on Wednesday March 30 from 1pm-3:30pm and these gatherings continue alternate Wednesdays thereafter.

Contact: Sue Indridson sinder@shaw.ca 604-531-4931

READINGS FOR NEXT SUNDAY – April 3 – Isaiah 43:16-21, Psalm 126, Philippians 3:4b-14, John 12:1-8

UPCOMING WORSHIP SERVICES

Monday March 28	8am Morning Prayer
Wednesday March 30	10am Eucharist
Sunday, April 3	8am Eucharist
Sunday, April 3	10am Eucharist

- Hand sanitizing and social distancing are encouraged.
- Anyone attending our liturgies (worship services) to show proof of vaccination (double vaccinated).

ST. MARKS FAMILY, YOUTH & CHILDREN'S TIME

Subscribe to our youtube channel https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg or follow the link from our webpage. <http://stmarkbc.org/>

PRAYER CHAIN – The Coordinator for the prayer chain is Lynne Hurd. You may reach her at 604.542.2772 or by email at lynneh1@telus.net

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

WE CONTINUE TO...

- LIVE STREAM our Sunday Worship.
- To access the online Service go to our Church's website: www.stmarkbc.org On the homepage that opens, click on the service's video, or where it says: "St Mark Online Worship Services".
- If you would like to watch or listen to some of our older services you may go into the YouTube archives through our Parish website www.stmarkbc.org and click on "St Mark Online Worship Services". Alternatively you can use these links: tinyurl.com/St-Mark-Online-Video-Channel OR https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg

PWRDF IS SUPPORTING UKRANIANS forced to flee their homes due to the Russian invasion.

How you can help: To make a donation to this response go to pwrdf.org/give-today and click on Response in Ukraine. You may also donate by phone at 416-822-9083 or leave a voicemail toll-free at 1-866-308-7973 and your call will be returned, or mail your cheque to PWRDF, 80 Hayden, 3rd floor, Toronto, Ontario, M4Y 3G2. Please mark **Ukraine** in the memo field.

THE LUNCH BASKET FOR HUNGRY CHILDREN – is provided this week by Marsha Klinger to the Glory of God and in thanksgiving for blessings from God and having two adult girls and God Children.

COMMUNITY OUTREACH MINISTRY
THE GOOD NEWS!

This is just one of the thank you notes to St. Marks from a Lunch Basket recipient. A `hand up` at its best!

``Thank you from the core of my being. Your help to myself and my daughters has been an absolute life changer. The past few years have been so incredibly hard, and to struggle with the bare necessities is an extremely humbling experience. The gift cards we have received have been such a God send. So thank you, thank you, thank you, to all who are involved in this massive blessing to my family. I am eternally grateful for your beautiful selfless help.``

With so much gratitude,

Jennifer

Lunch Basket for Hungry Children

What is it and what are your donations used for?

Simply put, it is St. Mark's Outreach program giving help to single parent families to feed their children and themselves each week. The families are referred to us from their connections to Women's Place in our

community.

Your donations go directly to purchasing Safeway gift cards to feed children and single women. These cards are delivered to Women's Place monthly and distributed there. Additionally, at Easter, Thanksgiving and Christmas we provide extra funds for each family so that they may enjoy these holidays like other families.

There is so much need! We cannot assist everyone but thanks to your generous and consistent donations, we have agreed to increase the number of the families we help. Nine single mothers and 17 children! We don't consider these "hand-outs" but instead we are offering a temporary 'hand up' to those in dire circumstances.

In fact, over time we have had several families tell us they don't need this program anymore because the moms have become self-sufficient.

As we now embark on helping more families, we ask that if you are able, donations of \$70 would be most welcome. We know how much the cost of food has risen for all of us – but this increase means the world to those who need this 'hand up'.

Thank you for so willingly and generously providing for those who are struggling in our community.

Matthew 25 V 40 "And The King said, 'I tell you the truth, whatever you do for these my people, you do unto me."

If you would like to learn more about your Community Outreach Ministry, please contact Barb Grantham at barbgrantham@shaw.ca

THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to nine single mothers and 17 children. Please help support these families by choosing a 2022 date (see chart below) to support these families and have a dedication in the weekly Pulse. The suggested donation of \$70 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

- email or phone Darlene W. or Barb G. with your dedication.

April 3	Tim and Judith Hardman
April 10	Barb and Jamie Grantham
April 17	
April 24	Sheila Johnston
May 1	
May 8	
May 15	
May 22	
May 29	
June 5	
June 12	
June 19	
June 26	

LENTEN STUDY SCHEDULE

Book: Forgiveness: A Lenten Study by Marjorie J. Thompson

Wednesday Schedule: All sessions begin after Holy Communion at 10am.

Please read the book before coming to session on the respective days:

WEDNESDAYS

March 30: Chapter 5: Forgiving: Embracing Freedom

April 6: Chapter 6: Beginning Again: Reconciliation and Restoration

MONDAY Evenings

All sessions begin in the Family Room at 7pm and we will conclude with Compline.

Please read the book before coming to session on the respective days:

March 28: Chapter 4: Repentance: Getting a New Mind

April 4: Chapter 5: Forgiving: Embracing Freedom

April 11: Chapter 6: Beginning Again: Reconciliation and Restoration



Tuesday Morning Creation Care Work Parties are back!

9:00am - 12:00noon Come and join us as you are able! Come when you can, stay as long as you are able and join in the conversation, fresh air and exercise as we work to fulfil our Baptismal covenant and care for the 3+ acres of the property at St. Marks. There is always a task your "size" and you decide according to your ability as we "Strive to safeguard the integrity of creation & sustain & renew the life of the earth." Your time & energy is your gift. No expectation, rather an invitation to come along. Contact: Anne Schreck 604 -536 - 0072 anne_schreck@shaw.ca or at the Creation Care Table in the Hall (South Wall)

THANK YOU TO THOSE WHO HAVE MADE DONATIONS FOR OUR FLOWERS

Due to the Season of Lent there will be no flowers for the month of March or the first two Sundays in April. However, if you would like to look ahead and have flowers on the Altar in late April OR the month of May, please see the chart below. If you would like to offer flowers for the sanctuary for the dates listed, in Memory of a Loved One, in Thanksgiving for a birthday or Anniversary, we would very much appreciate it. The Altar Guild is willing to purchase the flowers and have them arranged.

Please contact Kathryn Smith at 604-560-1455 or e-mail hkmasmith@shaw.ca

No Flowers in Lent	
April 17	Brenda Horner
April 24	Maggie Ferguson
May 1	Kathryn Smith
May 8	Percy Smith
May 15	Bea Ross
May 22	Jef and Shannon Poulsen
May 29	



CHURCH OF THE HOLY TRINITY
White Rock, BC Canada
Anglican Church of Canada



Parish of St. Mark – Ocean Park
Anglican Church

March 11, 2022

Your INVITATION to Pathways to Reconciliation #3

Dear Parishioners,

Co-sponsored by Church of the Holy Trinity and the parish of St. Mark's, Ocean Park we have completed two (of four) study groups in the series, 'Pathways to Reconciliation', designed to explore the history of First Nations, Metis and Inuit and their relationship with Canada. Last October we watched and discussed the Anglican Church of Canada's video: "The Doctrine of Discovery – Stolen Lands, Strong Hearts". In March, we invited Lynda Gray to speak and discuss her book "First Nations 101: lots of stuff you need to know about First Nations people". Our **third gathering** will be on:

**Saturday April 2nd, 2022
at Church of the Holy Trinity
from 1:30-4:30pm
This event is free of charge**

Please note that in keeping with our practice to alternate venues, **this event will be held at Church of the Holy Trinity, 15115 Roper Avenue, White Rock**. Street parking is available, and doors will open at 1pm.

The theme for the third gathering is "The Indian Act and Residential Schools." The Indian Act is a Canadian federal law that governs in matters pertaining to Indian status, bands, and reserves. It authorizes the federal government to regulate and administer ... the affairs and day-to-day lives of registered Indians and reserve communities. This authority has ranged from ... political control, such as imposing governing structures on Aboriginal communities in the form of band councils, to control of the rights of Indians to practise their culture and traditions. The Indian Act has also enabled the government to determine the land base of these groups in the form of reserves, and even to define who qualifies as Indian While the Indian Act has undergone numerous amendments since it was first passed in 1876, today it largely retains its original form*. Residential Schools were derived from the Indian Act's goal of assimilation.

Due to the enthusiastic response to our gatherings, we invite you to register your attendance by calling your parish office as soon as possible. Or you may email: office@stmarkbc.org or, holytrinitywhiterock@telus.net

Sincerely, Simon Johnston,

On behalf of the Planning Committee: Rev. Billy Isenor; Rev. Wesley Hills; Kerry Baisley; Mari Anne Hussen

*Source: https://indigenousfoundations.arts.ubc.ca/the_indian_act/